

LUNCH BY LIBELLE 

NIKAU WEEK

Autumn 2023

13/03/23 - 17/03/23

Standard Menu

TERIYAKI CHICKEN

Chicken with teriyaki sauce, brown or white rice and veggies

MONDAY

PIZZA ROLL UP

Baked wrap with pizza sauce, ham* & cheese with carrot sticks, corn chips, & a hidden veggie brownie

TUESDAY

PASTA BOLOGNESE

Pasta with beef and hidden veggie sauce

WEDNESDAY

HAM CHEESE SANDWICH

Oatlicious bread or roll with ham*, cheese & salad, with yoghurt (+ fruit for High Schools)

THURSDAY

CHILLI CON CARNE

Beef & bean sauce with rice, veggies & sour cream

FRIDAY

Halal Menu

*Our halal menu is as above, excluding the below changes.

PIZZA ROLL UP

Baked wrap with pizza sauce, super sausie & cheese with carrot sticks, corn chips, & a hidden veggie brownie

TUESDAY

CHICKEN SANDWICH

Oatlicious bread with chicken & salad, served with yoghurt (+ fruit for High Schools)

THURSDAY

www.lunchbylibelle.co.nz

lunchbylibelle@libelle.co.nz

facebook.com/lunchbylibelle

Vegetarian

TERIYAKI TOFU

MON

Tofu with teriyaki sauce, brown or white rice and veggies

PIZZA ROLL UP

TUE

Baked pizza wrap, mushroom+grain super sausage & cheese. Carrot, corn chips, hidden veggie brownie

PASTA BOLOGNESE

WED

Pasta with lentils and hidden veggie sauce

FALAFEL SANDWICH

THU

Oatlicious bread or roll with falafel, cheese & salad, with yoghurt (+ fruit for High Schools)

CHILLI CON CARNE

FRI

Bean sauce with rice, veggies & sour cream

Vegan Friendly

TERIYAKI TOFU

MON

Tofu with teriyaki sauce, brown or white rice and veggies

PIZZA ROLL UP

TUE

Baked pizza wrap, mushroom & grain super sausage & vegan cheese. Carrot sticks, corn chips, V cookie

PASTA BOLOGNESE

WED

Pasta with lentils, hidden veggie sauce & vegan cheese

FALAFEL SANDWICH

THU

Oatlicious bread with falafel, hummus & salad, served with fruit

CHILLI CON CARNE

FRI

Bean sauce with rice, vegan cheese & corn chips

Gluten Friendly

TERIYAKI CHICKEN

MON

Chicken with teriyaki sauce, brown or white rice and veggies

PIZZA ROLL UP

TUE

Baked GF pizza wrap, mushroom+grain super sausage, cheese. Carrot sticks, corn chips, GF cookie

PASTA BOLOGNESE

WED

GF pasta with beef and hidden veggie sauce

HAM CHEESE SANDWICH

THU

GF bread with ham, cheese & salad, with yoghurt (+ fruit for High Schools)

CHILLI CON CARNE

FRI

Beef & bean sauce with rice, veggies & sour cream

Dairy Friendly

TERIYAKI CHICKEN

MON

Chicken with teriyaki sauce, brown or white rice and veggies

PIZZA ROLL UP

TUE

Baked pizza wrap, mushroom grain super sausage, vegan cheese. Carrot sticks, corn chips, DF cookie

PASTA BOLOGNESE

WED

GF pasta with beef and hidden veggie sauce & vegan cheese

FALAFEL SANDWICH

THU

Oatlicious bread or roll with falafel, cheese & salad, with yoghurt (+ fruit for High Schools)

CHILLI CON CARNE

FRI

Beef & bean sauce with rice, vegan cheese & corn chips

Please visit our website for more information. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.

LUNCH BY LIBELLE

KAURI WEEK

Autumn 2023

20/03/23 - 24/03/23

Standard Menu

MAC N CHEESE

Pasta with vegful cheese sauce, ham, mixed veggies, white beans and cheese on top

MONDAY

HAM SALAD WRAP

Ham, cheese & salad filled fresh wrap with ranch dressing, with yoghurt (+ fruit for high schoolers)

TUESDAY

COCONUT CURRY & RICE

Coconut curry sauce with chicken & veggies, served with rice & roti wrap.

WEDNESDAY

CHEESE BURGER

Burger bun with beef pattie, cheese, salad & ketchup, with a pineapple crush slice.

THURSDAY

PASTA MEATBALLS

Pasta with vegful tomato sauce, meatballs, cheese & peas

FRIDAY

Halal Menu

MAC N CHEESE

MON

Pasta with vegful cheese sauce, mixed veggies, white beans and cheese on top

SALAD WRAP

TUE

Chicken, cheese & salad filled fresh wrap, ranch dressing & Yoghurt (+ fruit for high schoolers)

COCONUT CURRY

WED

Coconut curry sauce with chicken & veggies, served with rice & roti wrap.

CHEESE BURGER

THU

Plant based burger, cheese, salad & sauce. Served with a pineapple crush slice

HAM SALAD WRAP

FRI

Plant based amazeballs, vegful tomato sauce & cheese

TURN OVER FOR THE REST OF
OUR DIETARY ALTERNATIVES

Vegetarian

CHEESY PASTA

MON

Pasta with vegful cheese sauce, mixed veggies, white beans and cheese on top

SALAD WRAP

TUE

Cheese, falafel & salad filled fresh wrap with ranch dressing. Served with yoghurt (& fruit for years 9+)

COCONUT CURRY

WED

Coconut curry sauce with chickpeas & veggies, served with rice & roti wrap.

PLANT BASED BURGER

THU

Plant based burger, cheese, salad & ketchup with pineapple crush slice.

PASTA AMAZEBALLS

FRI

Plant based amazeballs, vegful tomato sauce & cheese

Vegan Friendly

VEGAN 'CHEESY' PASTA

MON

Pasta with lentils & hidden veggie sauce & vegan cheese

SALAD WRAP

TUE

Falafel salad wrap with ranch dressing & fruit

COCONUT CURRY

WED

Coconut curry sauce with chickpeas & veggies, served with rice & roti wrap.

PLANT BASED BURGER

THU

Plant based burger, vegan cheese, salad & sauce with pineapple crush slice.

PASTA AMAZEBALLS

FRI

Plant based amazeballs, vegful tomato sauce & vegan cheese

Gluten Friendly

MAC N CHEESE

MON

GF pasta with vegful cheese sauce, ham, mixed veggies, white beans and cheese on top

HAM SALAD WRAP

TUE

Cheese, ham & salad filled GF wrap with ranch dressing. Served with yoghurt (& fruit for years 9+)

COCONUT CURRY

WED

Coconut curry sauce with chicken & veggies, served with rice & GF roti wrap.

CHEESE BURGER

THU

GF burger bun, GF plant based pattie, cheese, salad & ketchup with GF cookie.

PASTA AMAZEBALLS

FRI

GF pasta with vegful tomato sauce, plant based amazeballs & cheese

Dairy Friendly

PASTA BOLOGNESE

MON

Pasta with beef & hidden veggies sauce

HAM SALAD WRAP

TUE

Ham & salad filled fresh wrap with ranch dressing. Served with fruit

COCONUT CURRY

WED

Coconut curry sauce with chicken and veggies, served with rice & a roti wrap

CHEESE BURGER

THU

Burger bun with beef pattie, DF cheese, salad & sauce. Served with a pineapple crush slice

PASTA AMAZEBALLS

FRI

Plant based amazeballs, vegful tomato sauce & vegan cheese

Please visit our website for more information. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.