



# Huia Range School

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Kia ora e te whanau,

The information below in *italics* is from the Ministry of Education, with my added comments (not in *italics*).

*We have started into a new phase of New Zealand's response to COVID-19 and it is very different than anything most of us have ever experienced. I wanted to reassure you that our school staff and Board of Trustees will continue to be available to support your child's learning and wellbeing in the next weeks.*

*You will understand the importance of routine for your family. If your routine has been shaken up, like you're now working from home, it's good to structure your time. Routines are reassuring, and promote health and physical wellbeing. The below timetable (targeted at children) could be something your household adapts to use over the next weeks. A school holiday version will likely look a little different, but some form of routine will still be important as we go through the lockdown period.*

## Daily Schedule

<i>Before 9:00am</i>	<i>Wake up</i>	<i>Eat breakfast, make your bed, get dressed, put any dirty clothes in the laundry</i>
<i>9:00-10:00</i>	<i>Morning walk and morning tea</i>	<i>Family walk with the dog, bike ride, Yoga if it's raining</i>
<i>10:00-11:00</i>	<i>Learning at home</i>	<i>School-led learning or Sudoku, books, flash cards, study guide, journal etc</i>
<i>11:00-12:00</i>	<i>Creative time</i>	<i>Legos, magnatiles, drawing, crafting, play music, cook or bake etc. Gardening? Make lunch?</i>
<i>12:00 pm</i>	<i>Lunch</i>	
<i>12:30</i>	<i>Helping at home</i>	<i># wipe all kitchen tables and chairs # wipe all door handles, light switches and desk tops # wipe both bathrooms - sinks and toilets</i>
<i>1:00-2:30</i>	<i>Quiet time</i>	<i>Reading (Epic), puzzles, jig saws, nap, radio NZ stories, photography</i>
<i>2:30-4:00</i>	<i>Learning at home and afternoon tea</i>	<i>School-led learning or iPad games, Prodigy, Sumdog, Study ladder, Educational show</i>
<i>4:00-5:00</i>	<i>Afternoon fresh air</i>	<i>Bikes, walk the dog, play outside</i>
<i>5:00-6:00</i>	<i>Dinner</i>	

6:00-8:00	Free TV time	Kids shower time
8:00	Bedtime	All kids
9:00pm	Bedtime	All kids who follow the daily schedule & don't fight

*\*Adapted from a resource developed by Jessica McHale Photography*

*There are links below to more wellbeing information to support your family during the lockdown.*

*Some good news to support you either working at home and/or studying at home - Spark, Vodafone, Vocus/Slingshot, 2Degrees and Trustpower have all advised they have removed their data caps and the possibility of any extra charges based on usage.*

*For our Pacific families, if you are not aware the Ministry for Pacific Peoples' has been working to ensure useful information is available to Pacific peoples. A one-hour special will be aired on Tagata Pasifika's segment on Saturday at 9am; and on Sunday at 7.35am, Tagata Pasifika will share messages from community leaders. The Ministry is asking you to reach out to all your family members, community groups, friends and group chats to ensure our Pacific community groups are watching the programming on both days.*

*A big thank you to all of you for taking the lockdown so seriously. As the Prime Minister has noted staying at home will break the chain and save lives; breaking the rules could risk someone close to you and if the rules are not complied with, this could risk the lock down period being extended or could risk the virus being spread to thousands.*

Please remember your child's class teacher is available through class dojo or their school email (see the Huia Range School website). Senior students working in Google class rooms have access to their teacher.

Should you wish to contact me over the next weeks please ring or text the school mobile number 027 781 2224.

Please stay home and look after each other.

*Ngā mihi*

Robyn Forsyth  
Principal